

Upgrading your 72 hour kit

Water

Water is the most important thing you can add when upgrading your kit. Here are a few portable and long term water solutions. It is recommended that you have a minimum of 4L of water per person per day (2L for drinking; 2L hygiene and cooking)



Blue Can Water

- 50 year shelf life
- Purified, sterilized and disinfected to remove any chemicals or particles in a 12 step multi-stage sterilization process.
- Stays 100% pure and fresh for decades in epoxy-lined cans
- 8L of water in each case



LifeStraw Mission

- Filters up to 18,000 L of water which is three years of water for a family of four
- Filters out 99.9999% of viruses, bacteria, protozoa (parasites), and microplastics.
- Filtration rate: 9-12 litres/hour



275 & 135 Gallon Super Tanker

- Fantastic long term water solution for large amounts of water
- Water has a 5 year shelf life with addition of treatment kit (see below)
- FDA and HPB approved food grade polyethylene
- Slim design to fit through standard sized doorways.



Emergency Water Storage Treatment Kit

- For long term water storage in food grade containers
- Keeps water potable for up to 5 years
- Included testing kit gives added insurance that your water is safe
- Copper-Silver Ion solution stays in suspension to treat water for years

Food

Your kit probably contains some type of emergency food bar. These help you survive the first few days of an emergency; but if you are preparing for one or more weeks, then having more nutritious and high quality calories available will be important. Make it easy with freeze dried food that has a 25 year shelf life!



72 Hour Food Water & Stove Kit

- Combine with your 72 hour kit to extend your supplies to a week
- 2 and 4 person kits contain 3 days of Wise Food (25 year shelf life), stove, water container and purification tablets, and SOS bars (5 year shelf life)



Freeze Dried Meals

- Real meals that give you energy and comfort in an emergency situation
- 25 year shelf life
- GMO free, certified gluten free and vegetarian options available
- Great for camping, hiking, and boating too



Freeze Dried Fruit & Vegetables

- Up to 25 year shelf life
- Fresh fruit and vegetables that have been freeze dried/dehydrated
- Simply add water to reconstitute or eat right out of the bag
- Retains more nutritional content than canning or freezing



Freeze Dried Meat

- Adds protein and quality calories to your kit
- Reconstitute with cold or hot water
- 25 year shelf life
- No refrigeration required
- Shelf life of 21 days after opening

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Heat & Cooking

Having a means to cook food and boil water will be vital. These non-combustible, easy to store, portable options are perfect for extending your 72 hour kit.



Stove in a Can

- Compact and easy to throw in your kit
- Comes with 4 hours of fuel and boils water in just 5 minutes
- Refill fuel cell packs available
- Uses non-explosive, 100% waterproof fuel source that is safe and durable



Volcano 3 Collapsible Grill/Stove

- Multipurpose fire pit and cooking surface
- Cooks with charcoal, propane, and wood
- Collapses down to 5" high and stores easily in its carrying case
- Designed to be portable, adjustable, efficient, and self-contained



Instafire

- Lightweight kindling replacement
- Burns "green," no harmful chemicals or vapours; safe for food
- Lights and burns in wind, rain, sleet, and snow
- Non-combustible - no risk for unexpected fires or flare-ups
- 30 year shelf life

Light & Communication

Staying connected to the world will be important. Reliable solar products that can charge cell phones, provide radio connections, and give off light are essential to this goal.



Hybrid Solar Flashlight/Charger

- Multi-functional flashlight that also charges cell phones
- Waterproof and floats
- Extremely durable and recharges with any light source (even another flashlight)
- Will retain 90% of its original power for 7 years when stored fully charged



Hybrid Solar Camping Lantern

- Provides 400 lumens of light and charges cell phones
- Runs up to 100 hours on a full charge
- Recharges with any light source
- Retains 90% of stored power for 7 years



FRX 5Weather Alert Flashlight Radio

- Multi-function unit - radio, cell charger, LED flashlight, red flashing beacon
- Charges in 3 different ways - via solar panel, hand crank, onboard rechargeable battery
- NOAA weather channels - when set to Alert, this will keep you up to date on local emergencies and weather events

Sanitation

You will need a place to go when the need arises. Managing and disposing of waste properly throughout an emergency situation is also an important health factor.



Complete Toilet Set

- Bucket and toilet seat/lid comes with all the necessary components to properly dispose of your waste
- Biodegradable liner bags, nitrile gloves, hand sanitizer, toilet paper, biohazard bag, and Blue Gel all come packed inside
- Add a privacy tent for shelter and extra privacy